

PARAGONCORStudy of Natural Antibacterial Body Wash Against Pathogenic Bacteria, Fungi and Covid-19 (SAR-Cov-2) and Its Efficacy to Protect Skin from Pathogenic Bacteria

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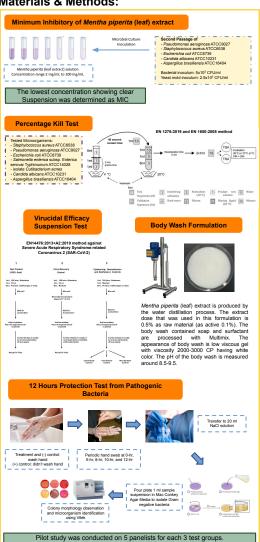
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Introduction:

The onset of COVID-19 worldwide pandemic has increased awareness of personal hygiene. Many studies show that body wash products are effective in killing bacteria and fungi but the effect on viruses is still limited. This paper presents a study on the analysis of an antibacterial body wash containing soap and surfactants also Mentha piperita (leaf) extract on killing and protection of bacteria, fungi and Covid-19.

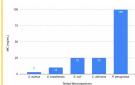
Materials & Methods:



Subjects exposed to dirt and microorganisms such as outdoor workers were recruited for the study.

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Results & Discussion:



Peppermint extract was effective inhibiting S. aureus at 3 mg/mL and required a high concentration of 100 mg/mL to inhibit P. aeruginosa. E. coli and C. albicans were inhibited at the extract concentration of 25 mg/mL, while A. brasiliensis was 25 inhibited at 10 mg/mL. In peppermint have leaves, some compounds antimicrobial activity namely menthol

which is included in one of the terpenoid groups, namely monoterpenes [1]. It has been reported [2] that the leaves of mint have a very strong antibacterial activity against Gram-negative as well as Gram-positive bacteria

The body wash in a neat condition showed an ability to kill >99.999% of S. aureus, E. coli, and Salmonella enterica subsp. Enterica serovar Typhimurium, P. aeruginosa and C. acnes; and >99.991% of C. albicans and A. brasiliensis in 60

Test	Dilution Tested	Contact Time	Input Load (Log ₁₀ TCID ₅₀)	Output Load (Log ₁₀ TCID ₅₀)	Reduction (Log ₁₀ TCID ₅₀)
Natural Mint Body Wash	Neat (80% intest)	60 seconds	6.60	≤ 2.51	≥ 4.09
(Lot No.	1/13			≤ 4.13	≥ 2.47
FH08)	1/1334			6.10	0.50

The body wash showed ≥ 4.09 log10 reduction at a test concentration of neat (80% in-test), ≥ 2.47 log₁₀ reduction at 1/13, and 0.50 log₁₀ reduction at 1/133 concentration against SARS-CoV-2. The body wash met the European Standard EN 14476.2013+A2:2019 guideline and all controls met the criteria for a valid test. In this study, the surfactant Sodium Lauryl Ether Sulfate (SLES) was used mainly because of its easy availability and safety profile. The mechanism of SLES in inactivating microbes is by hydrophobic interactions. The hydrophobic group of the SLES surfactant interacts with the microbial surface which is covered by a double layer of the membrane. This is because the interaction between SLES and microorganisms shows the dominant hydrophobic interaction between SLES and viruses. Therefore, the use of SLES surfactant in preparations is sufficient to prevent microbial infection [3].

control showed bacteria growth starting from 0 hours to 10 hours but showed bacterial growth at 12 hours in 40% of panelists. In the treatment group, no microbes were detected from 0 to 12 hours, which was the





same as positive controls who washed their hands at every sampling point. There were 2 types of bacterial colonies obtained from positive control. bacterial colony is yellowish-white with a flat surface (a) and the second bacteria is yellowish-white with a flat surface (a) and the second bacteria is yellowish-white to form wrinkles (b). Vitek 2 identified that bacteria were Pseudomonas stutzeri and Bacillus pumilus. Pseudomonas stutzeri is Gram negative bacteria widely distributed in the environment. It was reported as opportunistic pathogen and can cause pneumonia, meningitis, bacteremia, osteomyelitis, ocular infection and joint infection [4]. Bacillus pumilus is Gram positive bacteria commonly found in soil. Some reported that the bacteria can cause various infection such as endocarditis, skin infection, sepsis and food poisoning in human [5].

Conclusions:

The MIC of Mentha piperita (leaf) extract against S. aureus, P. aeruginosa, E. coli, and A. brasiliensis, C. albicans was 3 mg/mL, 100 mg/mL, 25 mg/mL, 10 mg/mL, and 25 mg/mL respectively, showing that the extract can inhibit the bacteria, yeast and mold. By quantitative suspension test, body wash was found to be very effective in killing >99.999% S. typhimurium, C. acnes isolate, E. coli, S. aureus and P. aeruginosa, also >99.991% of C. albicans and A. brasiliensis within 60 second contact time. It was also effective in inactivating the Covid-19 virus by reducing 4.09 log₁₀ within 60 second contact time. Skin protection efficacy tested on panelists shows that after 12 hours of application there were no pathogenic bacteria detected.

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