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Cutibacterium acnes-derived extracellular vesicles promote acne-like phenotypes in human keratinocytes and sebocytes

385

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Among the multiple commensal microorganisms present in the healthy skin flora, *Cutibacterium acnes (C. acnes)* is a ubiquitous Gram-positive aerotolerant anaerobic bacterium belonging to the Actinobacteria phylum, that predominantly resides deep within the sebaceous follicle, in contact with keratinocytes. Like mammalian cells, in addition to soluble factors, most Gram-negative and -positive bacteria release extracellular vesicles (EVs) which can be involved in the intercellular communication within or between living organisms.

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Results & Discussion

C. acnes secretes EVs



The size of *C. acnes*-derived EVs

C. acnes-derived EVs internalization in human epidermal keratinocytes and sebocytes





In this context, we examined whether C. acnes (phylotype IA1, DSM1897) secretes EVs and whether these EVs can be involved in the development of acne vulgaris.

-Materials & Methods

EVs production

EVs from *C. acnes* (DSM1897) strain were isolated by ultrafiltration and stored at +4°C until use.

The concentration of EVs was estimated using protein concentration determination with the BCA assay.

A fraction of the EVs was labeled with the lipophilic fluorescent dye Vybrant Dil cell-labeling for 30 min at 37 °C [1].



30-100 nm, which is in agreement with literature [2, 3].

Representative TEM image of EVs from *C. acnes*. (Scale bar, 200 nm).

Isolated EVs were labeled with Dil (red) and used to treat both keratinocytes (on the left) and sebocytes (on the right) for 48h (magnification x10).

EVs were located in the perinuclear area, indicating that EVs were endocytosed into cells.

EVs increase the expression of proinflammatory cytokines in both human keratinocytes and sebocytes





sebocytes treated with C. acnes-derived EVs (Hoechst normalization)

EVs derived from *C. acnes* upregulate the expression of proinflammatory cytokines in the human epidermis (keratinocytes and sebocytes), thereby participating in inflammatory responses.

Fluorescent EVs were added in the culture medium of keratinocytes or sebocytes, and EV internalization was studied by fluorescent microscopy after 18h, 24h and 48h of incubation.







C. acnes-derived EVs induce AMPs production in keratinocytes



EVs incubation stimulated β-defensin 2 production in keratinocytes.

Sebocytes

β-defensin-2

EVs from *C. acnes* were added in the culture medium of primary human keratinocytes for 48h or 72h or sebocytes for 24h or 48h.

Production of IL-8 and TNF- α proteins in culture supernatants, as well as lipid production (Bodipy staining) were evaluated on sebocytes. On keratinocytes, production of IL-8 and TNF- α proteins in culture supernatants were also studied. Modulations of filaggrin (ELISA and immunofluorescence) and β -defensin-2 (ELISA) in cell lysate were determined.

C. acnes-derived EVs induce lipid production in sebocytes



─ References · 1. Choi EJ et al. (2018) J. Invest. Dermatol., 138, 1371. 2. Jeon J et al., (2017) Proteomics Clin Appl. 11. 3. Chudzik A, et al., (2022) Int. J. Mol. Sci. 23, 5797.

CONCLUSION

In summary, our study suggests that lipid bilayer-enclosed and nanosized C. acnes-derived EVs efficiently induce not only inflammatory responses but also epidermal hyperkeratinization and sebum production, that are, acne-like phenotypes.

C. acnes-derived EVs induced acne-like phenotypes in primary human keratinocytes, such as increased secretion of inflammatory cytokines and dysregulated epidermal differentiation. Indeed, EVs significantly induced inflammatory cytokine IL-8 production and dysregulated epidermal differentiation by increasing filaggrin protein expression. Moreover, EVs stimulated the production of antimicrobial peptides (β-defensin 2) by keratinocytes. EVs also stimulated the production of IL-8 and TNF- α on human sebocytes derived from iPS. This inflammation induced by C. acnes-derived EVs is a typical component of acne. Finally, C. acnes-derived EVs induced sebum production.

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